

Reiki, Acupressure, Tuning Forks and FrequenSea

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What is Reiki?

The act of laying hands on the human or animal body to comfort and relieve pain. When experiencing pain, the first thing most people do is to put their hands on it. When an animal is in pain, a dog or cat's first instinct is to lick the pain area – for the same reasons that a person applies touch with their hands. The living body, human or animal, radiates warmth and energy. This energy is the life force itself, and has as many names as there are human civilizations...eg. Chi, Prana, Mana etc. they are all words used to explain the energy flow in the body.

What is Acupressure?

Acupressure is like Acupuncture but without the use of the needles. The Practitioner uses his or her elbows or thumbs to press on the Acupuncture points as well as special trigger points on the muscles of the body. Upon applying pressure to these specific points it releases the tight muscles so they become more pliable and will give the patient more mobility and range of motion. It works especially well for frozen shoulder, neck and back pain. I have also had very good results with knee pain as well. It is best for people who are needle sensitive.

What are Tuning Forks:

Tuning forks are healing with sound and vibration. Sound travels four times faster through water and our bodies are over 70% water. So the vibration can open up the channels and remove the blockage so the energy can move smoothly in the body.

FrequenSea Tonic:

What is Marine Phytoplankton? - Phyto = "Light/Plant" Plankton = "Floating/Suspended" Scientist at NASA theorize that 3 1/2 billion years ago, the world was changed forever. The appearance of tiny organisms with the ability to convert sunlight, warmth, water and minerals into protein, carbohydrates, vitamins and amino acids marked the beginning of life. Marine Phytoplankton, these single celled plants, are the basis of all other life forms on planet Earth and are the 'vegetation' of the ocean. Marine Phytoplankton are consumed by the smallest to the largest forms of life. Whales that feed on plankton and krill are known to live up to 200 years. Marine Phytoplankton are responsible for making up the 90% of the Earth's oxygen. It can nourish the cells at the cellular level.

FrequenSea is Mother Nature's Milk. It is made with Marine Phytoplankton. "Marine Phytoplankton is one of the most rare ingredients on the planet because it contains, in a concentrated form, almost everything you need for life or the rebuilding of a healthy life" - Jerry Tennant, MD, head of the Tennant Institute of Integrative Medicine in Dallas.

"Marine Phytoplankton is an ideal food for mankind. It is Mother Nature's milk from the ocean. The research we are in the process of designing at the University of Utah College of Health, will continue to discover the health benefits of Marine Phytoplankton. This is very exciting and promising." - Hugo Rodier, MD, adjunct professor in the Family Practice Program of Social Medicine at the University of Utah School of Medicine.